



MUSC CHILDREN'S HEALTH YOUTH: ASK THESE QUESTIONS TO YOUR DOCTOR ABOUT TRANSITIONING TO ADULT HEALTH CARE

DURING YEARS 13-17:

- When should I start to meet with you on my own for part of the visit to become more independent when it comes to my own health and health care?
- What do I need to learn to get ready for adult health care? Do you have a checklist of self-care skills that I need to learn?
- Can I work with you to prepare a medical summary for me and, if needed, a plan for what to do in case of an emergency?
- When I turn 18, what information about privacy and consent do I need to know about? If I need help with making health decisions, where can I get information about this?
- At what age do I need to change to a new doctor for adult health care?
- Do you have any suggestions for adult doctors for me?

BEFORE MAKING THE FIRST APPOINTMENT TO A NEW ADULT DOCTOR:

- Do you take my health insurance? Do you require any payment at the time of the visit?
- Where is your office located? Is there parking or public transportation available?
- What are your office hours? Do you have walk-in times?
- What is your policy about making and cancelling appointments?
- How will I be able to communicate directly with the doctor after my visit or in the evenings?
- How does your office use technology like email, text and MyChart?
- If needed, can the new adult doctor help me find adult specialty doctors?

BEFORE THE FIRST VISIT TO THE NEW ADULT DOCTOR:

- Call your pediatric doctor to remind them to send the medical summary before your first visit to the new adult doctor. Make sure your adult doctor has your medical summary.
- What should I bring to the first visit?
- Who can help me when you are not available?

NOTES: _____

Youth
Survey:

Caregiver
Survey



Take a Sample Transition Readiness Assessment!



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